


# JANUARY 2020 ASHE EARLY COLLEGE LUNCH MENU

M O N	T U E	W E D	T H U	F R I
 <p><b>Offered Daily</b>  <b>Smart Mouth Pizza</b>            Variety of Grab &amp; Go            Salads and Sandwiches</p>				1 <i>Holiday</i>
4 Required Teacher Workday	5 Cheese Dippers w/Marinara Sauce Tossed Salad Steamed Corn Orange Wedges Sliced Pears Fresh Apple Milk Variety	6  Remote	7 ACP Chicken w/Rice Shredded Lettuce/Diced Tomatoes Pinto Beans Steamed Carrots Sliced Peaches Orange Wedges Milk Variety	8 Chili Beans Baked Potatoes Steamed Broccoli Cornbread Mixed Fruit Fresh Apple Milk Variety
11 Spicy Chicken Filet on Bun Lettuce/Tomato Baked Fries Steamed Broccoli Sliced Pears Mixed Fruit Milk Variety	12 Walking Beef Taco w/Cheese Shredded Cheese Shredded Lettuce & Diced Tomatoes Refried Beans Steamed Corn Applesauce Chilled Blueberries Milk Variety	13  Remote	14 Breakfast Around the Clock Gravy, Scrambled Eggs, Sausage, Biscuit Potato Rounds Carrot Strips w/Ranch Dip Cara Cara Orange Wedges Baked Apples Milk Variety	15 Spicy Chicken Filet on Bun Lettuce/Tomato Baked Fries Steamed Broccoli Sliced Pears Mixed Fruit Milk Variety
18  Holiday	19 Chicken & Waffles w/Syrup Baked Sweet Potatoes w/ Cinnamon Butter Creamy Coleslaw Steamed Peas Sliced Peaches Chilled Blueberries Milk Variety	20  Remote	21 Walking Beef Taco w/Cheese or Shredded Cheese Shredded Lettuce & Diced Tomatoes Refried Beans Steamed Corn Applesauce Banana	22 Chicken Nuggets w/ Roll Baked Fries Fresh Veggie Cup w/Ranch Sliced Pears Mixed Fruit Milk Variety
25 Chicken Pot Pie or Hamburger on WG Bun Cheese, Lettuce & Tomato Steamed Broccoli Baked Fries Orange Wedges Chilled Blueberries Milk Variety	26 Breakfast Around the Clock Gravy, Scrambled Eggs, Sausage, Biscuit Potato Rounds Carrot Strips w/Dip Sliced Peaches Baked Apples Milk Variety	27  Remote	28 Cheese Quesadilla w/Salsa Shredded Lettuce & Tomato Whole Kernel Corn Black Beans Applesauce Banana Cinnamon Glazed Cookie Milk Variety	29 BBQ Pork on Bun Creamy Coleslaw Roasted Fingerling Potatoes Steamed Broccoli Sliced Peaches Fresh Clementine Milk Variety

**“USDA is an equal opportunity provider and employer.”**