

Welcome to Summer 2025



SUN Meals Eat on Site June 12- July 3

June Open Sites: Westwood & Blue Ridge (Mountain View only Open June 12-26)

Monday	Tuesday	Wednesday	Thursday	Friday
			12	13
16	17	18	19	20
23	24	25	26	27
30	July 1	July 2	July 3	

Open for children 1-18 for Breakfast 7:30-8:30 am and Lunch 11-12:30 pm

SUN Meals Eat on Site July 14 – Aug 8

July 14- Aug 8 Open Sites: Westwood and Blue Ridge Elementary

Monday	Tuesday	Wednesday	Thursday	Friday
14	15	16	17	18
21	22	23	24	25
28	29	30	31	Aug 1
Aug 4	Aug 5	Aug 6	Aug 7	Aug 8

Ashe Harvest Ministries
7376 NC Hwy 16
Glendale Springs, NC 28694
SUN Meals To Go!

Frozen Food and More Food Boxes

*Free to every child not enrolled in a school
summer **Sun Meals** program.*

Pick UP Dates Time: 2:30-6:00 pm

June 4, 11, 18, 25

July 9, 16, 23, 30

August 6, 13, 20

This institution is an
equal opportunity
provider.

SUN Programs Feed Their Summer Smiles!

Make this a summer to remember
with SUN Programs: USDA's Summer
Nutrition Programs for Youth. These
programs offer meals, snacks, and grocery-
buying benefits at no cost for families to
keep kids fueled up for summer.

Learn more at SummerMeals4NCKids.org/SUNPrograms

**SUN
MEALS**
North Carolina

Youth 18 and under can
enjoy meals onsite
together at eligible meal
sites. These sites often
provide summer learning,
fun activities, or nutrition
education.

SUN Meals help kids get
the nutrition they need all
summer long and enjoy
time with other kids.

**SUN
MEALS TO-GO**
North Carolina

In some rural areas, SUN
Meals To-Go can be
picked up or delivered
right to your home!

Also called non-congregate
meals, meal sponsors may
provide multiple days of
meals at a time to youth
ages 18 and under in many
rural locations during the
summer break.

**SUN
BUCKS**
North Carolina

With SUN Bucks, families
get \$120 in grocery
benefits per eligible
school-aged child. Use
the debit-like card to buy
food while school is out in
the summer.

SUN Bucks are a
convenient way to support
healthy meals at home.
ncdhs.gov/sunbucks

