



Southland Dairy Farmers Partners with CISNWNC To Bring Mobile Dairy Classroom

The entire student body of Ashe County Middle School was treated to a special event this semester when the Mobile Dairy Classroom of the Southland Dairy Farmers came for a visit. Instructor Courtney Bumgarner and Hilly, the Jersey cow, demonstrated how a cow is milked along with teaching the process of how milk goes from the farm to the consumer. Students and teachers shared an experience that included math, science, health (nutrition), and agriculture. The characteristics and anatomy of dairy cows along with the importance of



eating dairy foods for good health was also part of the presentation. Ms. Bumgarner also covered the modern milking process along with environmental and food safety practices that are followed today.



Students and staff received luggage tags from the Southland Dairy Farmers as a memento gift. Hilly and Courtney were sent thank you cards in the mail created by ACMS students. This event was held in partnership with CISNWNC, Southland Dairy Farmers, and ACMS.



Site Coordinator Fawn Roark



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Special points of interest

- We can come speak to your business, civic organization, club, or church!
- We can help you volunteer and have various ways you can help at our school to meet needs.
- We love to collaborate!

CISNWNC & Shoes For Kids Partner & Serve Over 130 Students In One Day Event

Communities In Schools of Northwest North Carolina and local organization, Shoes For Kids, partnered together in May to serve over 130 students in a one day event. The Shoes For Kids party is held to ensure that students have a brand new pair of shoes for the summer that fit well. Shoes For Kids also serves Ashe County Middle School students throughout the year. The program is available



in all Ashe County Schools with over 1,500 kids served last year in Ashe County.



Pictured above are (L-R) Melody Rector & Theresa Curd of Shoes For Kids, CIS Site Coordinator Fawn Roark, Martin Little of Shoes For Kids and School Social Worker Brittany Perry of Ashe County Schools.

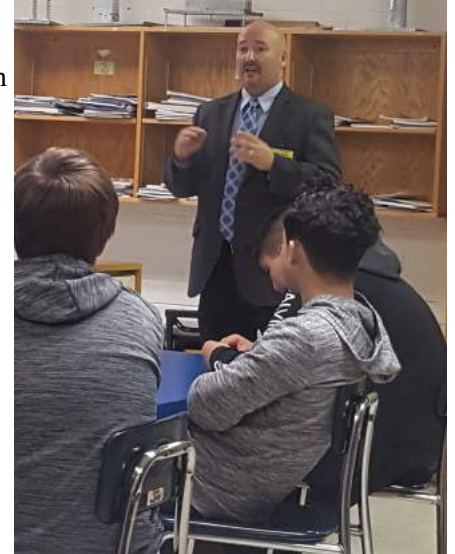
Parent Career Month Brings Life Lessons to Students

CISNWNC and the Career and Technical Education (CTE) Program of ACMS coordinated to serve almost 250 students through Parent Career Month in February during national Career and Technical Education Month. To help increase parent involvement at ACMS, CTE Coordinator Mandy Lovell and CIS Site Coordinator Fawn Roark invited parent speakers to share about their careers with students.

Parent guest speakers talked to CTE classes about a wide variety of careers from starting and owning a business to working in marketing in our county. Parent speakers also spoke about their education and life lessons including the importance of commitment, hard work, integrity, and working now to find people they can job shadow. Several speakers encouraged students to pursue their post-secondary education and to start thinking about a career they feel would give them purpose.



Local businesses and organizations who had parent speakers present to ACMS students include AEV, Ashe Memorial Hospital, Ashe County Schools, Farm Bureau, Harvest Café, Jordan Law Office, LifeStore Bank, Schuster Physical Therapy, and Skyline/Skybest.



Top left: Alex Edmisten of LifeStore Bank, William Baldwin (above) of Ashe Memorial Hospital and Tracy Lynn Schuster (left) of Schuster Physical Therapy talked with students about their education and current careers. They shared stories with students and answered questions as they challenged them to work hard and do well.



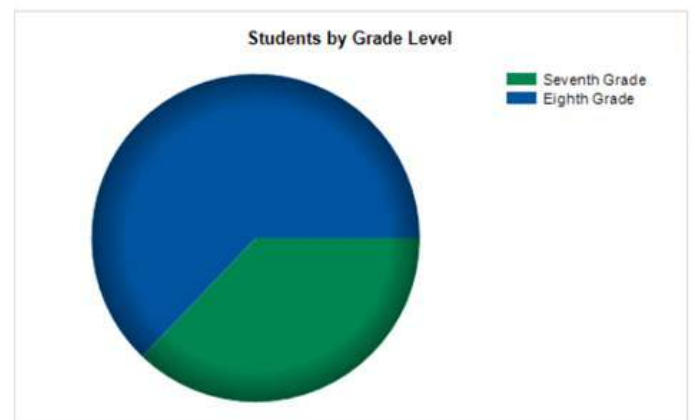
Communities In Schools
Northwest North Carolina



Site Coordinator Update:

Site coordinators work in the schools to provide the coordination and delivery of student based services at their designated school site. This includes providing weekly or twice monthly check-ins to see how the students on their caseload are progressing on their goals. Some students have mentors to help them progress on their various goals. Ms. Roark finished this semester with 35 students on her caseload at ACMS that she meets with on a regular basis. Student referrals can come from family members, school staff, and others.

At Ashe County Middle School, the site coordinator also helps with the Shoes for Kids program, school supplies, and more. She works with local partners to ensure that students are surrounded with a community of support, empowering them to achieve in school and life.



Grade Level	# of Students	% of Students
Seventh Grade	13	37.1%
Eighth Grade	22	62.9%
	35	100.0%

CFNC Presents at ACMS Parent Night

Ashe County Middle School held a parent night this semester where parents were invited in to visit teachers, classrooms and more. The PTO for ACMS sponsored a dinner for those in attendance. The parent night event seemed to be a huge success for those attending.



Representative Takeila Hall of CFNC

The College Foundation of North Carolina (CFNC) in collaboration with Communities In Schools of Northwest North Carolina also held a presentation for parents. CFNC provided information to help both parents and students think ahead about saving for college and lots of information on all of the benefits offered on the CFNC website.



There are tips and information about career planning, college planning, saving for college, and finding ways to pay for college on their website found at www.cfnc.org.

Local Churches and Organizations Partner to Support Snack Attack & New Bulldog Bites Food Pantry

Bulldog Bites Food Pantry

ACMS student, Brett Grubb, had a great idea and wanted to see it happen so he went to Ms. Roark to talk to her about it. Brett said that he was worried about students in our school who may be hungry and whose families might be struggling. Before long, a plan was formed and Brett presented it to Assistant Principal, Mr. Prince, along with Ms. Roark. Soon afterward, Bulldog Bites had its start.

Now students are able to take food home for them and their families, thanks to the generosity of local churches, organizations, and parents who bring easy to prepare items including microwaveable macaroni, ravioli, soups, canned fruits, and more.

Bulldog Bites has provided food for more than 35 students and their families since the end of January.



Student Brett Grubb

Snack Attack

Snack Attack got its start because of the needs assessment completed each year by Communities In Schools of Northwest North Carolina. Food insecurity for students had been identified as a need by staff so the idea for Snack Attack was born. Thankfully, local churches and organizations have pitched in and provided snacks for over 470 students each time Snack Attack is held.

Snack Attack started in March, which means that over 5,000 snacks have been given out at Ashe County Middle School. Students often ask when the next Snack Attack is with the most requested items being fruit bites and Captains Wafer crackers with cream cheese and chives. Other items include granola bars and any kind of Lance or Austin snack crackers of any variety.

To support either of these programs or others, please contact Ms. Roark at 336-384-3591 or email fawn.roark@ashe.k12.nc.us.



Who is Communities In Schools of NWNC?

Communities In Schools is the nation's largest, most effective organization dedicated to keeping kids in school and helping them succeed in life. Communities In Schools of Northwest North Carolina has a site coordinator at Ashe County Middle School who works day to day helping bring community resources to meet needs of students and the school.

CISNWNC serves Ashe, Alexander, Alleghany, and Wilkes Counties. Currently in Ashe County, Ashe County Middle School has the only site coordinator; however, there are plans for expansion to our other schools. Last year, CISNWNC served over 15,000 students in our service area.

At Communities In Schools, we work hand-in-hand with schools, communities and families to surround our students with a caring network of support to help them stay in school and succeed in life. Working in more than 2,300 K-12 schools and community-based sites in the most challenged communities in 25 states and the District of Columbia, we have 3,800 trained professionals and 38,000 volunteers who help 1.5 million young people and their families every year.

What is a site coordinator?

Communities In Schools trains and places highly qualified site coordinators and supporting staff directly into schools. Once there, our job is to connect students and their families to basic and critical community resources tailored to each student's specific needs. By providing students with a one-on-one relationship with a caring adult, we create a safe place to learn and grow. We work to provide a strong start to a healthy future, a path toward marketable skills upon graduation, and a chance to give back to peers and the community.

Why do we do what we do?

The mission of CIS is to surround students with a community of support, empowering them to stay in school and achieve in life.

Communities In Schools of NWNC Needs List at ACMS

Food: As soon as school starts back, we will have a need for snacks for our afternoon "Snack Attack" program. Some of our students are quite hungry by the end of the day, and many do not get home until late. Others may not have a meal at home that night. Peanut butter or cheese crackers, granola bars, and other individual wrapped snacks are needed. Donations for Bulldog Bites Food Pantry are also needed.

Volunteer Mentors: Volunteers must go through an interview process, reference and background checks, and training to serve as mentors. Volunteer applications are available at <http://cisnwnc.org/volunteer> and click on "Volunteer Form."

School Supplies: The school supplies drive will be held again this summer at many locations in the county including Wal-Mart, Ashe Memorial Hospital, Ashe County Library, and most of our local banks. Most requested items include mechanical pencils, composition notebooks, ear buds (for digital learning in the classroom), and boxes of tissues.

Donations: If anyone wants to donate financially to CISNWNC, it can be done online at <http://cisnwnc.org/>

CISNWNC Hosts Holocaust Speakers for ACMS Students

Ashe County Middle School was happy to have Dr. Zohara Boyd and Dr. Peter Petschauer returned to speak to our 7th graders again in May along with another guest, Dr. Chris Patti, from Appalachian State University. Dr. Boyd and Dr. Petschauer were both children in Europe during World War II, and their experiences were worlds apart. Now, their friendship gives an inspiring example for all of us and their stories greatly impacted our 7th grade students at ACMS.

Dr. Boyd grew up in Poland during the Nazi occupation. By obtaining the baptismal certificates and other documents of a Polish Catholic family, her Jewish parents were able to escape death in the horrors of the Holocaust. Ultimately, they were able to hide in plain sight. Petschauer's family lived on the other side. Born and raised in Germany, his father was an officer of the dreaded SS. As a child, he was raised under the rules of Nazi Germany, and it was not until later in life that he learned to come to grips with his family's past. Petschauer and Boyd met as academic colleagues at Appalachian State University, but now use their friendship to share their experiences of one of history's most devastating storms, telling their stories of hope and experience.



Many of the thank-you letters the students wrote afterwards addressed how the speakers helped students be more thankful and they learned how to be more forgiving. Others wrote that they would never forget Dr. Boyd and Dr. Petschauer sharing with them. The entire 7th grade traveled to Blue Ridge Elementary Auditorium to see the presentation and some ACMS students even went on stage to ask questions.

Teacher Appreciation Week Giveaways

Teachers were celebrated during Teacher Appreciation Week that was held nationally during the week of May 5—May 11. Communities In Schools of Northwest North Carolina received the donation of a Staples brand new tall chair to be given away during the special recognition week. Teachers entered their names into a drawing throughout the week and the winner's name, Stella Eller, was drawn on Friday, May 10th. The ACMS PTO worked hard throughout the week as well providing special meals and food for teachers. PTO and CISNWNC also collaborated on a project where students wrote notes to their teachers during lunch. We love our teachers!!



Pictured (L-R) Principal Dustin Farmer, Teacher Stella Eller, & Site Coordinator Fawn Roark



School Supplies Drive Kicking Off This Summer

CISNWNC and WSOC-TV are collaborating with the Ashe County Volunteer Initiative to hold the annual School Supplies Drive in Ashe County again this year. Locations include our local banks, Wal-Mart, Ashe County Library, and Ashe Memorial Hospital. The most requested items this year are mechanical pencils, binders, ear buds, loose leaf paper, and boxes of Kleenex. Anyone wanting to donate can go to www.wsocvtv.com/9-school-tools to find a local spot to donate school supplies. All collected school supplies will be distributed to our schools in Ashe County. Last year's drive was one of the largest ever with these collaborating partners, according to local organizers.



A Word from our Executive Director

Communities In Schools of Northwest North Carolina

The mission of CIS is to surround students with a community of support, empowering them to stay in school and achieve in life.

To partner with CISNUNC or to volunteer or help with student or school needs, please email Fawn.Roark@ashe.k12.nc.us or call 336-384-3591.

As we close in the end on the 2018-19 school year with Fawn Roark as the site coordinator at Ashe County Middle School, our mood is a very thankful mood. Ashe County has opened wide its arms to Communities In Schools. They have embraced our evidenced-based model by trusting Ms. Roark to bring in community leaders, both public and private to serve students, families and the school personnel. Research proves the model works if implemented to fidelity. Ms. Roark has a duty to bring the very best to her school and she does. If not for the community, she could not even come close to the many services recorded in the pages of this newsletter. We want to say a collective heartfelt thank you to you if you: volunteered as a mentor (in and outside of school), spoke to the students during the school day, donated food or money, encouraged the students, school personnel, and Ms. Roark, and last but certainly not least, prayed for us. Our name says it all: Communities In Schools brings the community into the school with the intent to surround our schools with the best of care. Nowhere is it done better than at ACMS. We take our hats off to you to say THANK YOU for caring. We ask that you join us in August to do it all over again. My door is always open to you: Glendora Yarbrough, 336-651-7830 or email glendora@cisnunc.org.



Our **Glendora Yarbrough**

Communities In Schools of Northwest North Carolina

255 Northwest Lane
Warrensville NC 28693

Phone: 336-384-3591
E-mail: Fawn@ashe.k12.nc.us



You're invited!

Wednesday, **To a Shatley Springs**
August 7th **Breakfast supporting**



Communities
In Schools
Northwest North Carolina

Time: 7—10 a.m.
Date: August 7th
**Where: Shatley
Springs Restuarant**



Thank you for supporting CISNUNC at this event!!

For more information, please call Fawn with Communities In Schools of Northwest North Carolina at Ashe County Middle School at 336-384-3591.

Ashe County Volunteer Initiative

Communities In Schools Northwest North Carolina

SCHOOL TOOLS

Please donate school supplies here!
Your donation stays in your community!

Most Needed Items for 2019

- Binders - 1 and 2 inch
- Filler paper
- Mechanical pencils & pencils
- Composition notebooks
- Ear buds
- Crayons or colored pencils
- Boxes of Kleenex
- Book bags

Thank you!!

www.9schooltools.com

Family Focus